Children and Young People’s Mental Health

Mental health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional wellbeing is just as important as a child’s mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.

Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Further your personal and professional development
- Gain an understanding of risk factors which may affect the mental wellbeing of children and young people
- Learn at a time that suits you without the need to attend college

What you will learn

- Unit 1 - Understand Children and Young People’s Mental Health in Context
- Unit 2 - Understand Factors which may Affect Children and Young People’s Mental Health
- Unit 3 - Understand Children and Young People’s Mental Health Concerns
- Unit 4 - Understand the Impact of Children and Young People’s Mental Health Concerns
- Unit 5 - Understand how to Support Children and Young People with Mental Health Concerns

Eligibility Criteria

- Aged 19+
  (born before 01/09/1998)
- Lived in the EU for 3 years
- Min of 8 learners* (10 in London)

*This can be spread across any of our flexible learning qualifications

Available fully funded

To find out more about this qualification, please contact:
Call: 01326 555472  |  Email: lee@southwestskillsacademy.co.uk  |  Visit: www.southwestskillsacademy.co.uk